**Food Allergies and Intolerances: Client Education Tools for Dietary Management – Complete Set**

**Title**

Food [Allergies](http://www.theanglemedia.com/allergynutrition/book/food-allergies-intolerances-client-education-tools-dietary-management-complete-set/) and Intolerances: Client Education Tools for Dietary Management –[Complete](http://www.theanglemedia.com/allergynutrition/book/food-allergies-intolerances-client-education-tools-dietary-management-complete-set/) Set

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**Publisher**

Academy of Nutrition & Dietetics 2013

Arm your patients with authoritative, user-friendly information about their food allergies or intolerances. This comprehensive set of downloadable handouts features:

* Information on 13 common food allergies
* Information on 14 food sensitivities and intolerances
* Blank symptom records so patients can track their diets and symptoms
* Handy “Healthy Substitution” charts that the patient can refer to when grocery shopping or choosing what to eat
* Handouts on conditions that have been linked to reactions to food, including [eczema](http://www.theanglemedia.com/allergynutrition/book/food-allergies-intolerances-client-education-tools-dietary-management-complete-set/), oral allergy syndrome, hyperactivity, and autism

Each handout is full of useful information, including foods to avoid, nutritionally equal substitutions, reading food labels and much more.

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Handouts include:
1. [Milk Allergy](http://www.theanglemedia.com/allergynutrition/book/food-allergies-intolerances-client-education-tools-dietary-management-complete-set/)
2. Substitutes for Milk in Recipes
3. Wheat Allergy
4. Egg Allergy
5. Egg-Free Cooking
6. Soy Allergy
7. Tree [Nut Allergy](http://www.theanglemedia.com/allergynutrition/book/food-allergies-intolerances-client-education-tools-dietary-management-complete-set/)
8. Fish Allergy
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14. Yeast and [Mold Allergy](http://www.theanglemedia.com/allergynutrition/book/food-allergies-intolerances-client-education-tools-dietary-management-complete-set/)
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26. Intolerance of Tartrazine and Other Food Dyes
27. Intolerance of BHA and BHT
28. Nitrate and Nitrite Intolerance
29. Gluten- and Casein-Free Diet: A Trial for Autism
30. Oral Allergy Syndrome
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32. Dietary Management of Hyperactivity in Children
33. Introducing Solid Foods for the Potentially Allergic Baby
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Find details and ordering instructions here:

 <https://www.eatright.org/shop/product.aspx?id=6442476071>