

**Management of Infant Food Allergies
and
Breastfeeding and Risk of Infant Food Allergies**

From the course syllabus:

Goals:

The overall goal of this continuing education program is the improvement of maternal and infant health through the delivery of risk-appropriate high-quality nutrition services. This course is designed for dietitians, nutritionists, physicians and public health professionals who serve preconceptual, pregnant, postpartum and breastfeeding women.

Objectives:

Describe ways that appropriate nutrition can improve pregnancy outcomes

Describe the effect of maternal eating behaviors on birth outcomes and infant health status